

REPORT OF THE
Payne Whitney Psychiatric Clinic
OF
THE SOCIETY OF THE NEW YORK HOSPITAL
1962



DEPARTMENT OF PSYCHIATRY OF
THE NEW YORK HOSPITAL AND
CORNELL UNIVERSITY MEDICAL COLLEGE

THE NEW YORK HOSPITAL-CORNELL MEDICAL CENTER
525 EAST SIXTY-EIGHTH STREET, NEW YORK 21, N. Y.

REPORT OF THE
Payne Whitney Psychiatric Clinic
OF
THE SOCIETY OF THE NEW YORK HOSPITAL
1962



DEPARTMENT OF PSYCHIATRY OF
THE NEW YORK HOSPITAL AND
CORNELL UNIVERSITY MEDICAL COLLEGE

THE NEW YORK HOSPITAL-CORNELL MEDICAL CENTER
525 EAST SIXTY-EIGHTH STREET, NEW YORK 21, N. Y.



Digitized by the Internet Archive
in 2014

THE SOCIETY OF THE NEW YORK HOSPITAL

OFFICERS—1963

FREDERICK K. TRASK, JR.	<i>President</i>
JOHN HAY WHITNEY	<i>Vice President</i>
JEAN MAUZÉ	<i>Vice-President for Finance</i>
FRANCIS KERNAN	<i>Vice-President for Membership</i>
KENNETH H. HANNAN	<i>Vice-President and Chairman of the Budget Committee</i>
ERNEST F. GAMACHE	<i>Secretary-Treasurer</i>

BOARD OF GOVERNORS

MRS. VINCENT ASTOR	LOUIS M. LOEB
GEORGE F. BAKER, JR.	JEAN MAUZÉ
CORNELIUS N. BLISS, JR.	DEVEREUX MILBURN
EDWARD W. BOURNE	GEORGE S. MOORE
WILLIAM A. M. BURDEN	STANLEY DE J. OSBORNE
RICHARD G. CROFT	SAMUEL C. PARK, JR.
WALTER G. DUNNINGTON, JR.	MRS. CHARLES S. PAYSON
SAMUEL S. DURYEE	OGDEN PHIPPS
HARRY W. FOWLER	MRS. JOHN T. PRATT, JR.
HAMILTON HADLEY	ROBERT W. PURCELL
KENNETH H. HANNAN	WILLARD S. SIMPKINS
MRS. NATHANIEL P. HILL	FREDERICK K. TRASK, JR.
FRANCIS KERNAN	ALBERT CAREY WALL
JOHN L. LOEB	JOHN L. WEINBERG

JOHN HAY WHITNEY

HONORARY GOVERNORS

JOSEPH H. CHOATE, JR.	ALFRED L. LOOMIS
WALTER G. DUNNINGTON	PAUL G. PENNOYER
A. CONGER GOODYEAR	MURRAY SARGENT
CONNIE M. GUION, M.D.	FRANCIS CARDINAL SPELLMAN
BARKLIE MCKEE HENRY	HENRY S. STURGIS
WILLIAM H. JACKSON	LONDON K. THORNE
LANGBOURNE M. WILLIAMS	

PAYNE WHITNEY PSYCHIATRIC COMMITTEE

EDWARD W. BOURNE, *Chairman*

GEORGE F. BAKER, JR.

WALTER A. KERNAN

R. PALMER BAKER, JR.

JEAN MAUZÉ

ERNEST F. GAMACHE

HENRY N. PRATT, M.D.

THE NEW YORK HOSPITAL-CORNELL MEDICAL CENTER

JOSEPH C. HINSEY, *Director*

JOINT ADMINISTRATIVE BOARD

FREDERICK K. TRASK, JR., *Chairman*

STANTON GRIFFIS

ARTHUR H. DEAN

HAMILTON HADLEY

FREDERIC W. ECKER

FRANCIS KERNAN

DEANE W. MALOTT

MEDICAL AND ADMINISTRATIVE STAFF

Psychiatrist-in-Chief

WILLIAM T. LHAMON, M.D.

Clinical Director

RICHARD N. KOHL, M.D.

Attending Psychiatrists

FRANCIS J. HAMILTON, M.D.

ALEXANDER H. LEIGHTON, M.D.

Associate Attending Psychiatrists

ERIC T. CARLSON, M.D.

FRED V. ROCKWELL, M.D.

HELEN E. DANIELLS, M.D.

ALBERT C. SHERWIN, M.D.

FREDERIC F. FLACH, M.D.

WILLIAM H. WAINWRIGHT, M.D.

JAMES F. MASTERSON, JR., M.D.

NATHANIEL WARNER, M.D.

Assistant Attending Psychiatrists

STUART ASHMAN, M.D.

FRANCIS D. KANE, M.D.

A. LOUISE BRUSH, M.D.

ALFRED B. LEWIS, JR., M.D.

ALAN W. FRASER, M.D.

MARIE-LOUISE SCHOELLY, M.D.

STEPHEN GOODYEAR, M.D.

LEONARD R. STRAUB, M.D.

LAWRENCE J. HATTERER, M.D.

JOSEPH D. SULLIVAN, M.D.

PETER T. JANULIS, M.D.

MORTON L. WADSWORTH, M.D.

Consulting Staff

HERBERT CONWAY, M.D.

JOHN MCGOVERN, M.D.

PAUL F. DEGARA, M.D.

ALLEN W. MEAD, M.D.

PETER DINEEN, M.D.

GEORGE C. MUELLER, M.D.

JOHN W. DOUGHERTY, M.D.

WALTER L. PERETZ, M.D.

LAWRENCE E. HINKLE, JR., M.D.

DONALD J. SIMONS, M.D.

ALAN INGLIS, M.D.

PETER E. STOKES, M.D.

ROBERT E. WIECHE, M.D.

Associate Attending Dental Surgeon

GERALD E. STAFFORD, D.D.S.

(The above doctors served during all or part of 1962.)

Resident Psychiatrist

EDWARD Y. LIANG, M.D.

Assistant Resident Psychiatrists

GENE M. ABROMS, M.D.

HARVEY H. BARTEN, M.D.

MARVIN B. BLITZ, M.D.

MARC H. BRANCHEY, M.D.

JAMES W. BROWN, M.D.

ROBERT M. DUGUAY, M.D.

MYRON L. GLUCKSMAN, M.D.

DANIEL J. O'CONNELL, M.D.

JAMES H. SPENCER, JR., M.D.

RICHARD T. SUCHINSKY, M.D.

NEIL C. TAYLOR, M.D.

ALDEN E. WHITNEY, M.D.

Psychologists

CHARLES A. KNEHR, Ph.D.

ROBERT S. McCULLY, Ph.D.

LIVINGSTON WELCH, Ph.D.

Sociologists and Anthropologists

THOMAS S. LANGNER, Ph.D.

JANE M. MURPHY, Ph.D.

Psychiatrists to Out-Patients

EDWARD T. ADELSON, M.D.	ALLISON B. LANDOLT, M.D.
ARTHUR A. ANDERSON, JR., M.D.	RENÉ C. MASTROVITO, M.D.
JAMES E. BAXTER, M.D.	LILLIAN E. MCGOWAN, M.D.
ALBERT N. BROWNE-MAYERS, M.D.	JOHN F. MCGRATH, M.D.
CHARLES I. CELIAN, M.D.	ALAN A. MCLEAN, M.D.
REMO R. CERULLI, M.D.	STANLEY T. MICHAEL, M.D.
HOWARD N. COOPER, M.D.	MARTHA K. REESE, M.D.
ELEANOR CRISSEY, M.D.	ANNA M. REMLER, M.D.
LOIS B. DE ALVARADO, M.D.	MARJORIE RITZWAGEN, M.D.
THOMAS L. DOYLE, M.D.	PHILIP S. ROBBINS, M.D.
G. RENEE FERGUSON, M.D.	GEORGE SAMIOS, M.D.
JOHN A. FRANK, M.D.	SHIRLEY SCHAFER, M.D.
PHILIP S. HERBERT, JR., M.D.	KENNETH TUCKER, M.D.
MARILYN G. KARMASON, M.D.	TRAER VAN ALLEN, M.D.
M. DOROTHEA KERR, M.D.	HENRIETTE L. WAYNE, M.D.
PETER G. WILSON, M.D.	

Assistant Psychiatrists to Out-Patients

A. ANTHONY ARCE, M.D.	WAYNE A. MYERS, M.D.
RALPH D. BAKER, M.D.	MAURICE PACHTER, M.D.
ROBERT C. CARSON, M.D.	MARILYN R. SCHEUING, M.D.
SAMUEL V. DUNKELL, M.D.	ANNE M. SHUTTLEWORTH, M.D.
THEODORE H. FINKLE, M.D.	SYLVIA G. TRAUBE, M.D.
MURRAY I. KOFKIN, M.D.	HARRY G. WALLENSTEIN, M.D.

Provisional Assistant Psychiatrists to Out-Patients

JOSEPH ARCURI, M.D.	DAVID C. MORLEY, M.D.
JOHN H. CHILMAN, M.D.	JACQUES M. QUEN, M.D.
DAVID J. GARDNER, M.D.	EDWIN R. RANZENHOFER, M.D.
MICHAEL S. STOCKHEIM, M.D.	

(The above doctors served during all or part of 1962.)

Director of Psychiatric Nursing

ELEANOR J. MUHS, R.N., B.S., M.A.

Assistant Director of Psychiatric Nursing

MARJORIE A. NEBESKY, R.N., B.S.N., M.A.

Supervisors

HENRIETTA BARTELS, R.N., B.S., M.A. RUTH MARLAND, R.N., B.S.

GLORIA FOX, B.S.N., R.N. MERCY STANTON, R.N.

GRACE LUNDGREN, R.N. JULIA WALKER, R.N.

BEATRICE MCKEE, R.N. JESSIE WEAVER, R.N.

MARY WHITAKER, R.N.

Assistant to the Director

FRANK W. HAYS, B.A., M.B.A.

Dental Hygienist

SUZANNE NUMAINVILLE

Head Dietitian

SUSAN N. PAIGE, B.S.

Head Housekeeper

ELIZABETH E. WATT

Information Office

LAURA G. QUINLAN

Library

ALTAGRACIA MIRANDA, B.S., M.L.S.

Acting Director of Occupational Therapy

IRENE E. WARSAW

Director of Recreational Therapy

GRACE C. NEWBURG, B.A.

Chief Social Worker

HELEN N. SIEGRIST, B.A., A.S.C.W.

Special Projects

EDITH S. SEMPLE

Teacher for Adolescent In-Patients

CAROLE KENNON, B.S. Ed.

CORNELL UNIVERSITY MEDICAL COLLEGE

- WILLIAM T. LHAMON, *Professor of Psychiatry (Chairman)*
ALEXANDER H. LEIGHTON, *Professor of Psychiatry (Social Psychiatry)*
FRANCIS J. HAMILTON, *Clinical Professor of Psychiatry*
JAMES H. WALL, *Clinical Professor of Psychiatry*
ERIC T. CARLSON, *Clinical Associate Professor of Psychiatry*
FREDERIC F. FLACH, *Clinical Associate Professor of Psychiatry*
LAWRENCE E. HINKLE, JR., *Clinical Associate Professor of Medicine in Psychiatry*
RICHARD N. KOHL, *Associate Professor of Psychiatry*
DOROTHEA C. LEIGHTON, *Clinical Associate Professor of Psychiatry (Social Psychiatry)*
LEON L. RACKOW, *Clinical Associate Professor of Psychiatry*
LIVINGSTON WELCH, *Clinical Associate Professor of Psychology in Psychiatry*
HELEN E. DANIELLS, *Clinical Assistant Professor of Psychiatry*
ALAN W. FRASER, *Clinical Assistant Professor of Psychiatry*
SEYMOUR G. KLEBANOFF, *Clinical Assistant Professor of Psychology in Psychiatry*
CHARLES A. KNEHR, *Clinical Assistant Professor of Psychology in Psychiatry*
ALFRED B. LEWIS, JR., *Assistant Professor of Psychiatry*
THOMAS S. LANGNER, *Assistant Professor of Sociology in Psychiatry (Social Psychiatry)*
JAMES F. MASTERSON, JR., *Clinical Assistant Professor of Psychiatry*
CURTIS T. PROUT, *Clinical Assistant Professor of Psychiatry*
FRED V. ROCKWELL, *Clinical Assistant Professor of Psychiatry*
ALBERT C. SHERWIN, *Clinical Assistant Professor of Psychiatry*
PETER E. STOKES, *Clinical Assistant Professor of Medicine in Psychiatry*
JOSEPH D. SULLIVAN, *Clinical Assistant Professor of Psychiatry*
WILLIAM H. WAINWRIGHT, *Assistant Professor of Psychiatry*
NATHANIEL WARNER, *Clinical Assistant Professor of Psychiatry*

Instructors and Clinical Instructors

EDWARD T. ADELSON	STEPHEN GOODYEAR	MAURICE PACHTER
ARTHUR A. ANDERSON, JR.	LAWRENCE J. HATTERER	MARTHA K. REESE
STUART ASHMAN	PHILIP S. HERBERT, JR.	MARJORIE RITTWAGEN
RALPH D. BAKER	PETER T. JANULIS	PHILIP S. ROBBINS
JAMES E. BAXTER	FRANCIS D. KANE	GEORGE SAMIOS
A. LOUISE BRUSH	MARILYN G. KARMASON	SHIRLEY SCHAFFER
CHARLES I. CELIAN	M. DOROTHEA KERR	MARIE-LOUISE SCHOELLY
REMO R. CERULLI	ALLISON B. LANDOLT	ANNE M. SHUTTLEWORTH
HOWARD N. COOPER	EDWARD Y. LIANG	HERBERT E. SPOHN
ELEANOR CRISSEY	RENÉ C. MASTROVITO	LEONARD R. STRAUB
LOIS B. DE ALVARADO	ROBERT S. MCCULLY	KENNETH F. TUCKER
THOMAS L. DOYLE, JR.	LILLIAN E. MCGOWAN	TRAER VAN ALLEN
SAMUEL V. DUNKELL	JOHN F. MCGRATH	MORTON L. WADSWORTH
G. RENEE FERGUSON	WILLIAM K. MCKNIGHT	HENRIETTE L. WAYNE
GERARD FOUNTAIN	ALAN A. MCLEAN	LOUIS WEINSTEIN
JOHN A. FRANK	WAYNE A. MYERS	PETER G. WILSON

Research Associates

RODERICK A. ARMSTRONG	JOHN S. HARDING
ALBERT N. BROWNE-MAYERS	STANLEY T. MICHAEL
JANE M. MURPHY	

Assistants

A. ANTHOY ARCE	MYRON L. GLUCKSMAN	JAMES H. SPENCER
HARVEY H. BARTEN	MURRAY I. KOFKIN	MICHAEL S. STOCKHEIM
MARVIN B. BLITZ	DAVID C. MORLEY	RICHARD T. SUCHINSKY
ROBERT S. CARSON	JACQUES M. QUEN	NEIL TAYLOR
JOHN H. CHILMAN	EDWIN R. RANZENHOFER	SYLVIA G. TRAUBE
ROBERT M. DUGUAY	ANNA M. REMLER	HARRY G. WALLENSTEIN
THEODORE H. FINKLE	MARILYN R. SCHEUING	ALDEN E. WHITNEY

Research Assistants

MRS. ALICE L. LONGAKER	MR. DAVID B. MACKLIN
------------------------	----------------------

CORNELL UNIVERSITY—NEW YORK HOSPITAL SCHOOL OF NURSING

ELEANOR J. MUHS, *Associate Professor of Psychiatric Nursing*
MARJORIE T. NEBESKY, *Assistant Professor of Psychiatric Nursing*
HENRIETTA BARTELS, *Instructor in Psychiatric Nursing*
RUTH MARLAND, *Assistant Instructor in Psychiatric Nursing*
GLORIA FOX, *Assistant Instructor in Psychiatric Nursing*

ANNUAL REPORT

DEPARTMENT OF PSYCHIATRY

To the Board of Governors of
The Society of the New York Hospital

GENTLEMEN:

I have the honor of presenting herewith the report of the Department of Psychiatry in New York for the year ending December 31, 1962.

THE MAINTENANCE OF EXCELLENCE

On July 1, 1962, Dr. Oskar Diethelm retired as Psychiatrist-in-Chief of The New York Hospital after more than a quarter century of leadership in American psychiatry. In 1944 Dr. Diethelm initiated an introductory section to the annual reports of the Payne Whitney Psychiatric Clinic in which he briefly discussed some pertinent topic for psychiatry. It seems fitting to continue this practice and to remark on the general excellence of the Payne Whitney Clinic and the problems of maintaining quality. This general pattern of excellence has many roots in addition to the sustained devotion and professional leadership of its recently retired psychiatrist-in-chief. Medical traditions of The New York Hospital reach back into colonial times; the character of community support and the constant attention of a distinguished Board of Governors, the central position of the metropolitan area, a magnificent physical structure, careful selection of students and staff, and membership in a great medical center have all combined to produce a remarkable degree of quality in the care and study of psychiatric patients. There are large numbers of former students and staff members in positions of professional and academic distinction throughout the land. The humanitarian and professionally superb management of mental and emotional problems is evident to staff, patients, and visitors. Expressions of interest and congratulation

from all parts of this country to the incoming head of the Payne Whitney Clinic indicate the importance of the Payne Whitney Clinic in the thoughts of many psychiatrists.

It will be seen that the continuing operation of a hospital and teaching institution involves steady repetition. It is in such repetitive activity that there are dangers of quality degradation. There is first the danger of becoming isolated and complacent and of thereby losing touch with the current and new directions in the field. With provincialism of this sort can come a loss of awareness of the scope and subtleties inherent in the work which then becomes coarse, less effective, and less interesting. It is partly on this account that the need for constant research activity exists. Through constant probing contact with the unknown there is less opportunity to settle into a dull pattern; through research there is an infused zest and sparkle tending to produce useful criticism of the routine, the dogmatic, and the ineffective. On the other hand it is possible to degrade quality by trying to do too much. Limited time and resources require that limits be set on the amount of work attempted. With over-extension it is necessary to introduce changes, usually simplifications, into the work so that it may be done somehow. Doing too much can be thought of as "commercialization" with only so much quality put into the operation as might be required for "sale" and with the frequently ensuing tawdry degradation of quality through over-simplification. Thus the repetitive process of treating patients and teaching students has the dangerous possibility of developing into a routine, dull, provincial operation on the one hand, or into an over-simplified, over-extended, "commercial" operation on the other with dangers of coarseness and tawdriness and of quality degradation.

It is hoped and expected that in the next quarter century the Payne Whitney Clinic will avoid these dangers and maintain the excellence that has so clearly existed during the last twenty-five years.

1. IN-PATIENT SERVICE

During the first half of the report year the in-patient service was under the charge of Dr. Oskar Diethelm who shared this

responsibility with Dr. Richard N. Kohl, Dr. Alexander H. Leighton (until July 1, 1962), Dr. Alfred B. Lewis, Jr., Dr. William H. Wainwright, and the resident staff. Dr. Frederic F. Flach contributed special supervision on the 3-South research floor and Drs. Albert C. Sherwin, James F. Masterson, Jr., and Arthur A. Anderson, Jr. contributed supervision for adolescent and child patients on the in-patient service. Drs. Helen E. Daniells and Leonard R. Straub assisted in the supervision of psychotherapy. As previously noted, Dr. Diethelm retired on July 1 and his responsibilities were assumed by Dr. William T. Lhamon. In the latter half of the year Dr. Kohl assumed increased responsibilities as Clinical Director under the general supervision of Dr. Lhamon in order to coordinate more effectively the various clinical activities of the in-patient service and between the in-patient service and the out-patient service. Mr. Frank W. Hays assumed increased administrative responsibilities in order to relieve the professional staff of some burdens, for which the administrative department seemed fully prepared.

The resident staff, as always, gave effective service to patients under the supervisory arrangements noted. A gradual increase in the activities of the out-patient service, the research departments and the division of Social Psychiatry has put a perceptible and steady additional load on the resident staff; some expansion of this group may be contemplated in the future. Much of the day-by-day management of patients on the in-patient service falls to the Service of Nursing which sees patients over most of the total time that the patient is a resident in the hospital. This service has been most ably managed by the Director of Nursing, Miss Eleanor J. Muhs. The service is distinguished by an esprit de corps in the nursing group; constant attention to educational plans and in-service training enable the Nursing Service to find suitable personnel for both floor nursing and administrative positions as the need arises. The maintenance of a balanced interest in floor nursing on the one hand and in teaching and administration on the other is the particularly valuable characteristic of this group. There has been effective use made of psychiatric aides who are carefully selected and trained for the

important work offered them. The Occupational Therapy and Recreational Therapy Departments continue to function effectively and to provide a beneficial influence on the treatment of in-patients, particularly with respect to the more disturbed group. Similarly, the Dietary Department has functioned effectively. Arrangements were provided in the special diet unit on the research floor to store a year's food under refrigeration in order that all the food could be obtained from the same source and that through this procedure variability of nutritional influences might be avoided in research situations where nutrition is an important factor.

The Clinic notes with regret the retirement of Miss Mildred Spargo in Occupational Therapy on July 1, 1962, and the coming retirement of Miss Susan Paige, the Chief Dietitian at the Payne Whitney Clinic, on July 1, 1963. Both of these individuals have given long and effectively of their time and of themselves to the care of patients in the Clinic.

The clinical laboratories under the charge of Dr. Peter E. Stokes have been hard pushed to keep up with an expanding set of requests for laboratory services both for diagnostic and for research purposes. The situation is not unique to the Payne Whitney Clinic, but is found throughout modern hospitals where increasing knowledge has generated demands for quantitative laboratory procedures in excess of the rate for which personnel and apparatus can be provided for satisfactory performance of these tests. The clinical laboratories have managed, however, through the use of training programs and various increases in efficiency and through the use of overtime work, to prevent development of any serious backlog in the work. A similar problem exists with respect to psychological services in the Clinic. Dr. Robert S. McCully provided the only full-time clinical psychological staffing during the latter part of the year. Dr. McCully and Dr. Charles A. Knehr, with two assistants during the first part of the year, saw a total of 248 patients and did 715 tests. This service will be expanded as soon as proper personnel can be secured. It is considered desirable from the point of view of teaching residents and students, as well as from the point of view of proper diagnostic evaluation proce-

dures, to emphasize increasingly the assistance available through the use of clinical psychology.

As in the past, the medical, surgical, and other special consultations were performed efficiently and promptly. The Dental Department, under the supervision of Dr. Gerald E. Stafford, saw 131 new patients and made 547 visits.

A total of 292 patients was admitted to the Clinic, the daily average being 87.1 patients. A total of 383 patients was treated. The total number of women patients treated was 249; the total number of men, 134. The total number of patient days was 31,806. One hundred and forty-two patients came from the New York City area, 91 from other parts of New York State, and 59 came from states other than New York. Nineteen patients were transferred from other in-patient services of The New York Hospital. No change in age distribution was noted, with the majority of the patients falling within the age group of 20 to 44 (164); 67 were between the ages of 45 and 59; 29 were 60 and over; and 32 were under 20 years of age. Of the discharged patients 235 recovered or were considerably improved; 55 patients showed little or no improvement (this group includes patients who came for diagnostic evaluation or who left within a few days, as well as patients who did not respond well to treatment). No deaths occurred. Two patients were transferred to the Westchester Division of The New York Hospital. Two hundred and ten visits were made to the general hospital for special diagnostic studies and for various types of somatic treatments, including surgical procedures. This number includes all treatments in physical medicine. In addition to the routine medical examinations specialists performed supplementary examinations and conducted treatments. There were 55 routine ear, nose, and throat and 160 eye examinations, 532 X-rays, 529 electroencephalographic and 49 electrocardiographic studies. Routine gynecological examinations and consultations for special medical problems were also performed. Diagnostic categories did not show any marked change during the past year, with 109 psychoneurotic patients admitted, 2 patients treated for essentially psychopathic difficulties, 18 alcoholic patients treated, and 1 patient suffering from dependence on narcotic drugs admitted.

MOVEMENT OF POPULATION SINCE OPENING OF CLINIC

<i>Year</i>	<i>Admissions</i>	<i>Treated During Year</i>	<i>Discharged</i>	<i>Died</i>	<i>Patient Days</i>
1932.....	67	67	27	1
1933.....	188	230	166	1	19,151
1934.....	184	248	185	3	22,436
1935.....	235	298	228	6	22,137
1936.....	283	353	277	6	22,707
1937.....	266	342	284	2	23,026
1938.....	267	325	249	3	23,738
1939.....	216	292	213	3	25,575
1940.....	267	346	268	4	24,912
1941.....	264	342	272	1	24,509
1942.....	226	296	221	1	26,598
1943.....	203	278	201	1	25,994
1944.....	240	317	238	0	27,017
1945.....	215	294	214	1	25,577
1946.....	234	314	237	2	27,424
1947.....	239	315	228	1	28,931
1948.....	207	295	208	2	30,866
1949.....	227	314	217	0	30,725
1950.....	223	320	227	1	29,772
1951.....	207	300	216	1	28,269
1952.....	239	320	226	0	29,483
1953.....	213	309	217	3	30,759
1954.....	216	308	213	4	31,547
1955.....	196	287	199	2	30,693
1956.....	243	329	231	2	31,453
1957.....	218	313	235	1	30,500
1958.....	228	312	221	1	31,285
1959.....	206	296	205	0	29,360
1960.....	279	368	275	2	31,158
1961.....	310	403	295	0	31,195
1962.....	292	383	290	0	31,806

2. OUT-PATIENT DEPARTMENT

Seven hundred and seventy-six adult patients and 163 children were examined or treated in the Payne Whitney Out-Patient Department under the general supervision of Dr. Francis J. Hamilton. Dr. Albert C. Sherwin and Dr. James F. Masterson, Jr. conducted clinics for children and adolescent patients. Seventy patients were seen in the Pediatric Out-Patient Department and 74 in the Employees' Health Service. Of the 939 patients seen in the Payne Whitney Out-Patient Department, 466 were new admissions, 472 adults and 120 children having been carried in treatment from the previous year. The remainder of the patients were seen in consultation. A total of 1,089 patients was seen in 12,105 visits in the psychiatric and other

out-patient departments of The New York Hospital. Forty-two per cent, or 675, of the patients was referred from the general hospital, while physicians in private practice sent 10%, or 161, of the total number. Medical organizations, social agencies, schools, and friends referred 24%, or 275. The Out-Patient Department utilized various means for increasing its effectiveness, including brief psychotherapeutic visits, the extensive use of pharmaceutical agents, development of group psychotherapeutic sessions, and the use of social service workers for certain types of management. About half of the total treatment effort of the Out-Patient Department has been directed to the management of psychiatric difficulties of staff, students, and employees in the Medical Center.

The Out-Patient Department is staffed by attending psychiatrists, the resident staff of the Payne Whitney Clinic, residents from the Montrose Veterans Administration Hospital, social service workers under the direction of Mrs. Helen N. Siegrist, and by fourth year medical students. The many varieties of psychopathology seen in the Clinic from the Yorkville district and the regional medical center are being used to some extent by the Program in Social Psychiatry under the general supervision of Dr. Alexander H. Leighton who has collaborated with Dr. Sherwin and Dr. Masterson in the study of children's and adolescent problems. It would be of considerable benefit to resident psychiatrists for them to have a somewhat expanded assignment in the out-patient clinic, but this has not been feasible because of prior commitments and it is hoped that some expansion in the resident staff will make a more prolonged and uninterrupted experience in the Out-Patient Department possible. There is an increasing tendency toward and possibility of treatment on an ambulatory basis in the field of psychiatry with the development of new pharmaceutical agents, with better acceptance of psychiatric illness in the community as a whole, with the use of other somatic therapies, and with increased staffing and support by attending psychiatrists of mental health centers and out-patient agencies in the medical community generally throughout the metropolitan area. To the extent that out-patient care can be given effectively such care represents a far

more efficient use of personnel and equipment than does hospitalization and results in much less disruption of family and domestic arrangements than does full hospitalization. For this reason it is important that the teaching hospitals develop their out-patient services for ambulatory treatment as effective centers for community care. We therefore look forward to the use of this service both in treatment and in research and would like to see an emphasis of its use for teaching medical students and residents.

3. SOCIAL SERVICE DEPARTMENT

A statistical report of the Social Service Department under the direction of Mrs. Helen N. Siegrist is given herein.

During the year 1962 a total number of 732 patients received aid of which 541 were new cases and 191 carried over from the previous year. Of the 541 new cases 214 were adults, 200 adolescents, and 127 children in the Payne Whitney Out-Patient Department, and an additional 57 adults and adolescents in the In-Patient Service. A total of 11,294 interviews was necessary. This number includes 2,913 interviews with patients, 1,553 with relatives, 12 conferences with agencies, 3,256 with physicians, and 187 with medical students. A total of 515 agencies was used in 1,113 contacts, and 76 visits were paid to patients in their homes. There were 864 telephone conferences. The In-Patient Service referred 57 patients, necessitating 574 interviews with patients and psychiatrists.

Mrs. Siegrist secured the services of Mrs. Nancy Ajemian who is assigned to the In-Patient Service to help with families in the matter of interpreting illness wherever possible to family members and to assist in obtaining information from families and patients, using home visits if necessary. The Social Service Department was particularly active in the out-patient clinic both in regulation clinical activities and in a research sense in the adolescent clinic under Dr. Masterson and in the children's clinic under Dr. Sherwin. The Social Service Department carried a good deal of the arrangements for teaching of fourth year medical students in the out-patient clinic and was largely responsible for arranging that patients be notified and made available for teaching exercises as needed.

4. PSYCHIATRIC SERVICE TO THE GENERAL HOSPITAL

Consultations to the general in-patient services of The New York Hospital have been under the supervision of Dr. William H. Wainwright during the year, assisted by one of the third-year assistant residents assigned for a period of three months full-time to this activity. The assistant resident under supervision is expected to provide evaluation and treatment of patients with psychiatric difficulties and to be of assistance to the house staff in the prevention and treatment of minor psychiatric problems. During the year 711 patients were studied in 1,478 visits, including 767 revisits which were used for brief treatment interviews. Two hundred and sixty patients were seen in the Department of Medicine and revisited 129 times for a total of 689 visits. One hundred and three patients were seen in the Department of Surgery and revisited 218 times for a total of 321 visits. Twenty-nine patients were seen in the Department of Obstetrics and Gynecology for a total of 74 visits. Thirty-nine patients were seen in the Department of Pediatrics. Sixteen patients were seen in the Hospital for Special Surgery for a total of 55 visits. Twelve patients were seen in the Memorial, Ewing, and Rockefeller Hospitals. Two hundred and seventy-one patients were seen in the Emergency pavilion and revisited 17 times for a total of 288 visits. Because of the size of the institution and the many staff members involved, appropriate and meaningful communication with the members of each department has been difficult. Only through full time assignment of an assistant resident, with the necessary supervision, has it been possible to make a beginning towards satisfactory service in this important segment of the work.

5. EDUCATIONAL AND INVESTIGATIVE ACTIVITIES

Education There was no marked change in the content of educational arrangements for medical students in the past year. An increasing expansion of general hospital work and work in the out-patient department has put a considerable burden on the resident staff, as previously noted, and brings up the desirability of moderate expansion in order to prevent over-

extension and inadequate exposure in any necessary part of the educational experience for residents.

The teaching program for nurses continued successfully with help from the Richard and Dorothy Rodgers Fund. Support from the Knapp Foundation and from Mr. Marshall Field, Jr. continued to assist in the graduate education of nurses and contributed significantly to the activities of the nursing department.

Because of the retirement during the year of principal personnel in Occupational Therapy and Recreational Therapy, there was a temporary curtailment in training in these fields of students from several colleges.

Medical student elective experience in scholarly and research work continued under the supervision of Drs. Carlson, Diethelm, Flach, Hamilton, and Stokes.

Clinical Investigation The Program in Social Psychiatry, directed by Dr. Alexander H. Leighton, combined with the adolescent clinic under Dr. Masterson and the children's clinic under Dr. Sherwin in two studies to determine what symptoms are related to the process of growth and development and what symptoms can be considered to require treatment for psychopathology. In the children's clinic an effort is being made to relate child psychopathology to parental and community expectations. Dr. Thomas S. Langner, in the Program in Social Psychiatry, is studying relationships between psychiatric symptomatology and the internalization of goals and means to goals as social variables. Dr. Langner has continued to work on instruments developed in the Midtown Study for assessing personality and environmental variables. Dr. Stanley T. Michael and Dr. Langner are working on materials from the Midtown Study on life stress and psychiatric disorders. Dr. Jane M. Murphy and Dr. Alexander Leighton have been particularly concerned with the problems of concept and method in cross-cultural psychiatry, and the staff of the Social Psychiatry Program is attempting to construct a rational and acceptable coding procedure for psychopathology that will be useful in describing the extent and degree of illness or disability in various social settings. Preliminary work has been done by the staff of the Program under the general direction of Dr. Murphy to develop

a bibliography of the behavioral sciences useful for training and research in psychiatry generally.

*Study Program
in Human Health
and the
Ecology of Man* At the beginning of 1962 this Program was under the direction of Dr. Harold G. Wolff. Since Dr. Wolff's greatly regretted death, Dr. Lawrence E. Hinkle, Jr. has been in charge of this program. Members of the group, in addition to Dr. Hinkle, include Drs. Bry Benjamin, William N. Christenson, Howard N. Cooper, Myron A. Hofer, and Francis D. Kane. The group hold appointments in the Departments of Medicine and Psychiatry and have laboratories in the Payne Whitney Clinic, with clinical space in the Phipps House. Drs. Hofer and Hinkle have continued their investigations into renal function; using human volunteers, they have succeeded in producing diuresis by means of a conditioned reflex. Dr. S. B. Penick and Dr. Hinkle have studied the effects upon appetite and food intake of various substances and have found through greatly improved study techniques that the stomach of the hungry man does not usually contract spontaneously as had been believed, but does so only when its walls are distended in some manner, as it might be by food. In a most interesting investigation this group has developed a method of recording the electrocardiogram of a subject over a period of more than eight hours, in which it is possible to review rapidly the eight-hour period in 8 minutes from the recording. Various impressive demonstrations of the effects of life stress have been obtained using this technique, as well as an important expansion in our knowledge of the variability of the "normal" electrocardiogram. Application of some of these research techniques to the study of patients in the Payne Whitney Clinic, as well as to the study of normal subjects, is under way.

*Metabolic
and Chemical
Studies* Dr. Frederic F. Flach has assumed the responsibility of administering the 3-South research floor. Dr. Flach's studies of the possible relationship between body calcium and the occurrence of depression have continued with slow but steady progress being made. The service benefits by the assistance of Dr. Charles I. Celian and the assignment of a resident psychiatrist to the service. Support

has been received from the National Institute of Mental Health and from the Fleischmann Foundation. An important attempt to improve observational methods in psychopathology and behavior was continued in collaboration with the nursing staff of the Payne Whitney Clinic. Experiments have been conducted with an item analysis of the various behavior rating scales available, and additional rating scales have been introduced in an attempt to simplify and make more reliable a quantification of behavior. In this work the assistance of the Division of Biostatistics of the Department of Public Health and Preventive Medicine has been most helpful and the data are being prepared for computer analysis. In all the metabolic investigations there has been collaboration with the investigators of the Sloan-Kettering Institute for Cancer Research, and Dr. Rulon W. Rawson of the Department of Medicine at Memorial Hospital has been of invaluable assistance.

Dr. Peter E. Stokes continues to study thyroid function in alcoholic patients. Findings at the present time do not support the findings of another group that there is an abnormal thyroid function in the majority of alcoholic patients. Dr. Stokes also continues to study adrenal hormones to determine whether or not it is true that there is a reliable alteration in adrenal cortical function coincident with certain types of psychopathology. He has been assisted in this work by Dr. Wayne E. Myers.

*Section on
the History
of Psychiatry*

Dr. Eric T. Carlson has continued his studies in the development of American psychiatric thought in the 18th and 19th centuries, with particular emphasis on the concepts of medical therapy in psychiatry.

Dr. Oskar Diethelm, on his retirement, has intensified his work on a bibliography of psychiatric theses published in the 16th and 17th centuries, as well as on his research into the influence of Arabic and Jewish medicine on psychiatry during the Renaissance. Dr. Ralph D. Baker is studying French psychiatric thought in the late 18th century, while Dr. Marie-Louise Schoelly is concentrating on a historical study of German psychiatry during the early 19th century. Dr. Jacques M. Quen has completed a study on Elisha Perkins and is continuing to develop materials on Isaac Ray, one of the early pioneers in psychiatry.

Two issues of the History of the Behavioral Sciences Newsletter have been published during the past year. The Newsletter continues to have an expanding circulation and increasing support from workers in a number of disciplines including anthropology, psychiatry, psychology, and sociology.

It seems appropriate to remark under this rubric that the library has been increased by the addition of 275 single volumes, 132 bound periodicals, and 7 theses and now contains 7,062 single volumes, 3,567 bound periodicals, and 128 theses of the 16th, 17th, and 18th centuries. It was possible to add some rare volumes to the historical collection. During the year the historical collection has been formally dedicated as the Oskar Diethelm Historical Library and comprises one of the finest collections of historical books in psychiatry in the country.

*Miscellaneous
Studies*

Dr. William T. Lhamon has established a laboratory for the study of temporal judgment and its relationship to psychopathology, and the effects of various toxic and medicinal agents on judgment of time.

Dr. Charles A. Knehr continued to prepare tests for the differentiation of behavior due to brain damage from that due to the functional psychoses.

*Changes in the
Medical Staff*

Dr. Oskar Diethelm retired as Psychiatrist-in-Chief and Dr. William T. Lhamon assumed this post on July 1, 1962. Dr. Joseph F. Reilly resigned at the end of the academic year. Drs. Phyllis Greenacre, Norvelle C. LaMar and Hans Syz retired after many years of service in the Department of Psychiatry. Dr. Karl H. Lochner returned to Germany. At the completion of training Dr. Wayne A. Myers went into private practice in New York City, Dr. Frederick Baekland became affiliated with another institution in the New York area, Dr. Ira B. Pauly took a position in the Department of Psychiatry at the University of Oregon School of Medicine and Dr. Joseph Verhey in the Department of Psychiatry at the University of Washington Medical School. Dr. Traer Van Allen returned to the staff of the Payne Whitney Clinic as half-time admitting physician in the Out-Patient Department.

Contributions The George F. Baker Trust continued to support research in alcoholism and the Max C. Fleischmann Foundation of Nevada research in steroid metabolism. The United States Public Health Service continued to support the education of undergraduate medical students in psychiatry, research in the relationship of calcium to depression, and the study of phenothiazines in acute schizophrenia. The Cornell Program in Social Psychiatry received continued support from the Ford Foundation and from the Grant Foundation. The Beekman Family Association has again contributed to the special educational program for the resident staff. The New York City Health Research Council supported research in adolescent and child psychopathology. Mr. Marshall Field, Jr. continued his support of the teaching program for adolescents in the in-patient service.

We are again very grateful for contributions from former patients and from friends of the Clinic which enable us to study and to treat more patients than would be possible otherwise.

Acknowledgment We herewith acknowledge and express special appreciation to the personnel and staff of the Clinic and of the Center, to the administration of The New York Hospital, Cornell University Medical College, and the School of Nursing for their cooperation and help in meeting the various problems which have arisen.

We are particularly grateful to the members of the Payne Whitney Psychiatric Committee as a group and individually for their advice and support.

Respectfully submitted,

WILLIAM T. LHAMON, M.D.

Psychiatrist-in-Chief.

March 15, 1963

LIST OF PUBLICATIONS

1962

- BROWNE-MAYERS, A. N. Alerting systems and psychiatry. *Diseases of the Nervous System*, 1962, 23, 1-5.
- BROWNE-MAYERS, A. N. The future of psychiatry. *The Graduate Journal*, 1961, 4, 451-458.
- CARLSON, ERIC T. and DAIN, NORMAN. Psychotherapy in the hospital (1740-1840). *Current Psychiatric Therapies*, 1962, 2, 219-226.
- CARLSON, ERIC T. and DAIN, NORMAN. The meaning of moral insanity. *Bulletin of the History of Medicine*, 1962, 36, 130-140.
- CHAPMAN, LORING F. and WOLFF, HAROLD G. The human brain—one organ or many? Editorial. *Archives of Neurology*, 1961, 5, 463-471.
- DAIN, NORMAN and CARLSON, ERIC T. Moral insanity in the United States, 1835-1866. *American Journal of Psychiatry*, 1962, 118, 795-801.
- DALESSIO, DONALD J., CAMP, WALTER A., GOODELL, HELEN, CHAPMAN, LORING F., ZILELI, TURGUT, RAMOS, ARMANDO O., EHRLICH, RICHARD, FORTUIN, FLOYD, CATTELL, McKEEN, and WOLFF, HAROLD G. Studies on headache; the relevance of the prophylactic action of UML-491 in vascular headache of the migraine type to the pathophysiology of this syndrome. *World Neurology*, 1962, 3, 66-71.
- DALESSIO, DONALD J., CHAPMAN, LORING F., ZILELI, TURGUT, CATTELL, McKEEN, EHRLICH, RICHARD, FORTUIN, FLOYD, GOODELL, HELEN, and WOLFF, HAROLD G. Studies on headache; the responses of the bulbar conjunctival blood vessels during induced oliguria and diuresis, and their modification by UML-491. *Archives of Neurology*, 1961, 5, 590-593.
- DIETHELM, OSKAR and BARR, ROSALIE M. Experimental study of amnesic periods in acute alcohol intoxication. *Psychiatria et Neurologia*, 1962, 144, 5-14.
- DIETHELM, OSKAR and BARR, ROSALIE M. Psychotherapeutic interviews and alcohol intoxication. *Quarterly Journal of Studies on Alcohol*, 1962, 23, 243-251.
- FELLOWS, R. E., BUCHANAN, J. R., PETERSON, R. E. and STOKES, P. E. Chronic primary adrenal insufficiency without hyperpigmentation. *New England Journal of Medicine*, 1962, 267, 215-

- FERGUSON, GRACE RENEE. Adolescents at a family court. *New York State Journal of Medicine*, 1962, 62, 3474-3477.
- FLACH, FREDERIC F., BURRELL, CRAIG D. and LIANG, EDWARD. Alterations in calcium metabolism in depressed patients receiving imipramine. *Third World Congress of Psychiatry. Proceedings.* Montreal, McGill University Press, 1962, v.2, 1409-1414.
- FLACH, FREDERIC F. Factors influencing the reliability of the social behavior chart. *Comprehensive Psychiatry*, 1962, 3, 297-301.
- FORDE, THOMAS P., O'CONNELL, RALPH A., RYAN, JAMES W. and REILLY, JOSEPH. Some factors influencing the hydrolysis of Benzoyl-L-arginine ethyl ester by human plasma. *Proceedings of the Society for Experimental Biology and Medicine*, 1962, 110, 375-377.
- GREENACRE, PHYLLIS. Discussion and comments on the psychology of creativity. *Journal of the American Academy of Child Psychiatry*, 1962, 1, 129-137.
- GREENACRE, PHYLLIS. The early years of the gifted child; a psycho-analytic interpretation. *Yearbook of Education*, 1962, 71-90.
- HINKLE, LAWRENCE E., JR. Customs, emotions and behavior in the dietary treatment of diabetes. *Journal of the American Dietetic Association*, 1962, 41, 341-344.
- KNEHR, CHARLES A. Differential impairment in multiple sclerosis. *Journal of Psychology*, 1962, 54, 443-451.
- KNEHR, CHARLES A. Factor analyses of schizophrenic and organic test data. *Journal of Psychology*, 1962, 54, 467-471.
- KNEHR, CHARLES A. Psychological assessment of differential impairment in cerebral organic conditions and in schizophrenia. *Journal of Psychology*, 1962, 54, 165-189.
- KNEHR, CHARLES A. Thinking impairment in acute schizophrenic illness. *Journal of Psychology*, 1962, 53, 15-28.
- KOHL, RICHARD N. Pathologic reactions of marital partners to improvement of patients. *American Journal of Psychiatry*, 1962, 118, 1036-1041.
- KORN, SAM J. and WELCH, LIVINGSTON. Conditioned responses, fact and artifact. *Journal of Psychology*, 1962, 53, 301-309.
- LEIGHTON, ALEXANDER H. and LEIGHTON, DOROTHEA C. The first Pan-African Psychiatric Conference. *American Journal of Psychiatry*, 1962, 119, 276-278.

- LEWIS, ALFRED B., JR. and KOHL, RICHARD N. The risk and prevention of abscondence from an open psychiatric unit. *Comprehensive Psychiatry*, 1962, 3, 302-308.
- McCULLY, ROBERT S. The phoenix and the turtle, an interpretation. *Harvest (Journal of the Analytical Psychology Society of London)* 1962, 8, 50-56.
- MICHAEL, STANLEY T. Neurotic symptoms in an urban population. In: *Congressus Psychiatricus Bohemoslovenicus cum Participazione Internationale*, 1959. Proceedings. Praha, 1961, 163-169.
- MURPHY, JANE M. Cross-cultural studies of the prevalence of psychiatric disorders. *World Mental Health*, 1962, 14, 1-13.
- PÉTURSSON, ESRA. Electromyographic studies of muscular tension in psychiatric patients. *Comprehensive Psychiatry*, 1962, 3, 29-36.
- PÉTURSSON, ESRA, TRYGGVASON, GUDMUNDUR and McCULLY, ROBERT S. Infantile ("congenital") indifference to pain; a clinical study of an Icelandic family in which three brothers showed the characteristic syndrome. *Third World Congress of Psychiatry. Proceedings*. Montreal, McGill University Press, 1962, v.1, 495-500.
- SROLE, LEO, LANGNER, THOMAS S., MICHAEL, STANLEY T., OPLER, MARVIN K. and RENNIE, THOMAS A. C. *Mental Health in the Metropolis; the Mid-town Manhattan Study*. New York, McGraw-Hill, 1962.
- STOKES, PETER E. Blood alcohol kinetics in humans as influenced by thyroid administration or induced by changes in carbohydrate metabolism. *Third World Congress of Psychiatry. Proceedings*. Montreal, McGill University Press, 1962, v.1, 385-389.

GIFTS AND BEQUESTS

We suggest that any gift or bequest be made to "The Society of the New York Hospital for the use of the Payne Whitney Psychiatric Clinic."

The Psychiatrist-in-Chief will be glad to give you further information about particular needs, or you may feel free to discuss your plans with any one of the following members of the Payne Whitney Psychiatric Committee of The Society of the New York Hospital: Edward W. Bourne, George F. Baker, Jr., R. Palmer Baker, Jr., Ernest F. Gamache, Walter A. Kernan, Jean Mauzé, and Henry N. Pratt, M.D.

